

1

**Steps to
Harmony**

Key Warmups (Upward)

I

C A single staff of music in C major, starting on middle C (do) and ascending stepwise through re, mi, fa, so, la, ti, do, then descending stepwise through ti, la, so, fa, mi, re, do. The notes are quarter notes. The lyrics are: do re mi fa so la ti do ti la so fa mi re do do.

do re mi fa so la ti do ti la so fa mi re do do

2

**Steps to
Harmony**

Key Warmups (Downward)

I

C A single staff of music in C major, starting on G4 (so) and descending stepwise through fa, mi, re, do, then ascending stepwise through do, re, mi, fa, so, la, ti, do. The notes are quarter notes. The lyrics are: do ti la so fa me re do re mi fa so la ti do do.

do ti la so fa me re do re mi fa so la ti do do